AdrenoCo

- Adrenal depletion, to aid in the recovery of the adrenal cortex
- To support adrenal cortex function in times of high stress
- Fatigue, anxiety, sleeplessness or reduced immune function during periods of prolonged stress
- Chronic illness
- Chronic autoimmune diseases
- Weaning off corticosteroids
- Resets an abnormal cough reflex
- Combine with Chaste Tree for hyperprolactinemia

Andrographis Complex

- Prevention and treatment of upper respiratory tract disorders, particularly for acute conditions
- To boost immunity for any infection or disorder characterized by low immunity
- As effective as Tylenol for myalgia and fever related to flu
- Acute dosing is recommended, followed by 1 month of Astragalus Complex for full immune recuperation.

Astragalus Complex

- To assist in recovery from chronic infections and illnesses, post-viral syndromes, surgery, trauma, antibiotic therapy, radiation, and chemotherapy
- Stress, debility, chronic fatigue syndrome
- Night sweats due to debility
- Maintenance or improvement of general well-being
- Rhinorrhea in children
- Increase sperm motility (specially washed sperm during ART treatment)

For more information please visit: www.promedics.ca | 1-877-268-5057
**Bacopa Complex**
- To improve mental function, memory, concentration and possibly learning
- Relief of nervous tension, stress, and mild anxiety
- Assists in the maintenance or improvement of mental or physical well-being
- The ideal product for students to improve long term memory
- Increases T4 production
- Best taken with food to enhance absorption
- ADHD

**Bilberry**
- To support peripheral circulation and vascular integrity
- To ease the effects of occasional throbbing discomfort
- Maintenance of healthy eyes; visual response improvement and night vision, supportive for retinopathies
- Maintenance of healthy urinary tract function
- Antioxidant protection (anthocyanosides)
- Post-surgery edema
- Combine with Horsechestnut Complex for varicose veins and hemorrhoid support

**Boswellia Complex**
- Relief of the pain and inflammation of arthritis, osteoarthritis, rheumatism, juvenile arthritis, and endometriosis
- Assist in the treatment of leukotriene-mediated inflammation and hypersensitivity-based disorders such as asthma
- Assist in treatment of chronic inflammatory disorders such as ulcerative colitis, Crohn’s disease, psoriasis
- Best taken with food to enhance absorption

**Broncafect**
- Acute or chronic cough
- Resets an abnormal cough reflex
- For healthy expectoration and relief of pulmonary congestion in cases of pneumonia, pleurisy
- Relieves catarrh, cough, and bronchitis

**Chaste Tree**
- Premenstrual syndrome, especially premenstrual mastalgia, fluid retention and premenstrual aggravations (e.g., mouth ulcers, orofacial herpes)
- Menstrual disorders: amenorrhea, metrorrhagia, oligomenorrhea, polymenorrhea
- Endometriosis and fibroids
- Infertility due to decreased progesterone levels, luteal phase defect, or hyperprolactinemia
- Menopausal symptoms
- Combine with Echinacea Premium for acne (both men and women)
- Combine with AdrenoCo for hyperprolactinemia
- Combine with St. John’s Wort or Nevaton Forte for PMDD

For more information please visit: [www.promedics.ca](http://www.promedics.ca) | 1-877-268-5057
Digest Forte

- Poor digestion, lack of appetite, dyspepsia, flatulence, constipation
- Cholecystitis, gallstones
- Increases endogenous bile production
- Combine with Livton Complex for digestion and improved bile production
- Combine with Gymnema for reducing sugar cravings
- Take 15 minutes before a meal to improve GERD and bloating

Echinacea Premium

- Use when strong immune modulating activity is required (e.g., autoimmune diseases, allergies)
- Prophylaxis and treatment of infectious conditions such as influenza, colds, cystitis, shingles, septic processes, particularly those of a chronic or recurrent nature
- Mild septicaemia, skin disorders such as psoriasis, acne, eczema
- Temporary weakness of the body’s defences; immune depletion caused by chemotherapy; weakened or suppressed immunity such as post-viral syndromes
- Combine with Rehmannia Complex for autoimmune conditions

FemCo

- General female tonic and stress support particularly for those in their child bearing years
- Irregular menstruation, dysmenorrhea
- Delayed puberty
- Androgen excess and PCOS
- Reduced fertility and low libido
- Any condition associated with elevated prolactin
- Migraine headaches that have a hormonal component
- Night sweats
- Combine with AdrenoCo for PCOS
- Best taken with food to prevent high saponin content aggravating or causing GERD

Garlic

- To assist in lowering blood lipid levels
- Treatment and prevention of coronary artery disease; atherosclerosis, mild hypertension
- Conditions requiring improved peripheral circulation
- Relief of respiratory tract congestion, such as symptoms of common cold and influenza
- To help modify bowel flora
- Supports Nrf2-ARE pathway for intracellular and intranuclear detoxification
- Combine with Golden Seal, Vitanox, and Slippery Elm to weed out pathogens and heal the gut

For more information please visit: www.promedics.ca | 1-877-268-5057
Ginkgo Forte

- Early stages of Alzheimer's disease; multi-infarct dementia; stroke of recent onset
- Restricted cerebral blood flow and its related symptoms; peripheral arterial disease
- Vertigo and tinnitus of vascular and involutional origin; idiopathic sudden hearing loss; disorders due to reduced retinal blood flow
- To enhance cognitive function, including short term memory
- Effects of high altitude or hypoxia; antioxidant activity; anti-PAF activity, especially for asthma
- Congestive dysmenorrhea
- To enhance short-term memory

Golden Seal

- Mucous membrane tonifier
- Catarrhal states of the mucous membranes when unaccompanied by acute inflammation (especially upper respiratory)
- Intestinal dysbiosis
- Disorders of the ear, nose, mouth, throat
- Uterine and pelvic haemorrhagic conditions, genitourinary tract discharges
- Acute infectious diarrhoea, gastritis, peptic ulcer, hepatic symptoms, skin disorders
- To help modify bowel flora
- Combine with Garlic Forte, Vitanox, and Slippery Elm to weed out pathogens and heal the gut

Gymnema

- Hyperglycemia, diabetes
- Reactive hypoglycemia
- To assist weight loss by suppression of appetite
- Combine with Digest Forte to reduce sugar cravings
- Best take before a meal to reduce caloric intake and blood sugar levels

Horsechestnut Complex

- Chronic venous insufficiency
- Aching legs and feet, edema of the lower limbs, varicose veins, hemorrhoids; lymphoedema, ascites, thrombophlebitis
- Tissue injury such as sprains and strains
- Poor peripheral circulation
- Disorders where local tissue edema may be involved, such as trigeminal neuralgia
- Restless leg syndrome of vascular origin
- Combine with Bilberry for varicose veins and hemorrhoids
- Best taken with food to prevent high saponin content aggravating or causing GERD
Kava Forte

- Anxiety disorders
- Sleep disorders
- Benzodiazepine withdrawal or taper
- Spasm of the urinary tract, Bladder Pain Syndrome/Interstitial Cystitis
- Hypertonic muscles
- Combine with St. John’s Wort for anxiety with depression

LivCo

- Enhances phase I and II liver detoxification
- Toxin overload or poor hepatic detoxification function
- Conditions associated with poor liver function such as headache, allergies, skin disorders, nausea, food intolerance, constipation
- Overindulgence in alcohol or rich, fatty food
- Exposure to environmental or chemical toxins
- Combine with Garlic Forte and Vitanox for Nrf2/ARE pathway enhancement
- Combine with Chaste Tree for fibroid reduction
- Avoid taking with food if history of low iron

Livton Complex

- Insufficient gallbladder and liver function, dyspepsia
- Gallbladder disorders and reduced bile production
- Loss of appetite, flatulence, nausea, intestinal bloating, constipation
- Skin and gastrointestinal disorders associated with reduced or disordered digestive liver function
- Best taken before a fatty meal to increase digestion

Nevaton Forte

- Depression, nervous breakdown, fatigue, debility
- Nervous tension, stress, mild anxiety, volitility
- PMS - irritability and anger
- PMDD
- Macular degeneration
- Combine with Chaste Tree for PMDD

Rehmannia Complex

- Chronic inflammation
- Autoimmune diseases such as rheumatoid arthritis, systemic lupus erythematosus, ankylosing spondylitis, Graves’ disease, Hashimoto’s thyroiditis
- Migraine or headache, especially where there is liver involvement
- Bitter in nature so best taken before a meal

For more information please visit: www.promedics.ca 1-877-268-5057
Rhodiola & Ginseng

- Fatigue, mental and/or physical exhaustion
- Improves mental performance, concentration and memory, especially when under stress
- Improves physical performance and endurance
- Improves sexual function in men
- Relieves menopausal symptoms
- Improves mood in mild to moderate depression
- Increases sperm count, motility, and morphology

Silymarin

- Hepatitis, non-alcoholic and alcoholic liver damage/disease, abnormal liver function, and fatty liver
- Exposure to chemical pollutants, including orthodox drugs
- Prophylaxis of conditions caused by oxidative stress
- Dyspeptic complaints; preventing gallstone formation, gallbladder problems
- Avoid taking with food if history of low iron

Sinus Forte

- Hay fever, sinusitis, middle ear problems, sore throat (upper respiratory)
- Congestion in or inflammation of the respiratory tract, especially common cold, influenza, bronchitis, catarrhal stage of measles, conjunctivitis
- Seasonal allergies
- Combine with Golden Seal for increased mucous membrane tonification

Slippery Elm 400mg

- Inflammation of the gastrointestinal tract especially esophagitis, gastritis, colitis
- Ulceration of the upper gastrointestinal tract
- Constipation and conditions where a soft stool is required (e.g., hemorrhoids)
- Irritable bowel syndrome
- As an aid to encourage the growth of beneficial bowel flora
- Combine with Golden Seal, Garlic Forte, and Vitanox to weed out pathogens and heal the gut
- Take before a meal for peptic ulcer disease
- Take after a meal for GERD
- Always take with a large glass of water to prevent constipation
- Take 2 hours away from other medications

For more information please visit: www.promedics.ca | 1-877-268-5057
St John's Wort

- Viral infections, especially cold sores, chicken pox, shingles, glandular fever, herpes, hepatitis, cytomegalovirus, Ross River virus
- Neuralgia
- Depression (mild to moderate)
- Mild anxiety, stress, insomnia
- Anxiety and tension associated with menopause
- Combine with Kava Forte for anxiety and depression
- Combine with Chaste Tree for PMDD
- Combine with Andrographis Complex for acute viral infections

Tribulus Forte

- Male infertility, impotence, lowered libido
- Female infertility, menopause
- PCOS
- Improve physical performance
- To restore or build vitality (especially during convalescence or after surgery)
- Assist in responding to stress
- Best taken with food to prevent high saponin content aggravating or causing GERD

Turmeric Forte

- Neuroinflammation: neurodegenerative diseases
- Parkinson’s, Alzheimer’s Disease
- Concussion recovery
- Depression
- To wean off antidepressants

Valerian Complex

- Insomnia, restlessness, irritability
- Mild anxiety
- Nervous tension, stress
- Muscle cramps
- Yin deficiency (e.g., night sweats, anxiety, palpitations, insomnia)

For more information please visit: www.promedics.ca | 1-877-268-5057
Vitanox

- THE herbal antioxidant (both lipid and aqueous)
- Phase II liver detoxification
- Prevention and treatment of cancer, cardiovascular disease and diseases associated with ageing
- To help balance bowel flora
- Hypercholesterolemia, lowered capillary resistance (e.g., in diabetes and hypertension), liver diseases, allergic and inflammatory conditions including asthma and rhinitis
- To improve day and night vision, retinal damage, disease of the retina in diabetes
- Venous insufficiency, varicose veins, edema
- Supports Nrf2-ARE pathway for intracellular and intranuclear detoxification
- Combine with Golden Seal, Garlic Forte, and Slippery Elm to weed out pathogens and heal the gut
- Protects microcirculation by conserving intravascular collagen and elastin Treats/prevents vascular aging
- Avoid taking with food if history of low iron (otherwise dose with food to enhance absorption)

Wild Yam Complex

- Menopausal conditions, including excessive perspiration, hot flushes, associated depression
- PMS - as a backup treatment in conjunction with Chaste Tree tablets
- Promotes ovulation in PCOS
- Any condition of estrogen deficiency
- Best taken with food to prevent high saponin content aggravating or causing GERD

Withania Complex

- A tonic formula that boosts energy
- Assists in the maintenance or improvement of general well-being and energy
- Helps relieve nervous tension, stress, and mild anxiety
- Helps increase endurance and stamina
- Aids convalescence
- Assists in improving appetite in children
- Improves sperm motility, count, and testosterone
- Increases T4 production
- Pregnancy and post-partum fatigue and stress

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