

MEDI  HERB®

Spring Cleaning:

Cleanse, Rebalance, Revitalize



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Spring is the ideal time for your patients to cleanse and revitalize. Giving the body a regular spring clean has numerous health benefits. A well-balanced health care and nutrition approach will help support the natural processes of eliminating toxins, promote liver and digestive function, and promote renewed vitality.

MediHerb offers a range of products that help support liver and digestive function as well as promote overall well-being.



LivCo

- Helps support liver function
- Used in herbal medicine to help relieve digestive disturbances/dyspepsia and traditionally used as a liver protectant

Each tablet contains:

Medicinal Ingredients:

Schisandra chinensis (Schisandra) fruit 167 mg
Rosmarinus officinalis (Rosemary) leaf 100 mg 5:1 extract, DHE 500 mg
Silybum marianum (St Mary's Thistle) fruit 30.02 mg 70:1 extract, DHE 2.1 g (24 mg silymarin)

Non-Medicinal Ingredients:

Calcium phosphate dibasic, cellulose, magnesium stearate, hypromellose, sodium starch glycolate, sorbitol, maltodextrin

Dose: Adults: Take 1 tablet 3 to 4 times daily or as directed by your health care practitioner. Use for a minimum of 3 weeks to see beneficial effects.

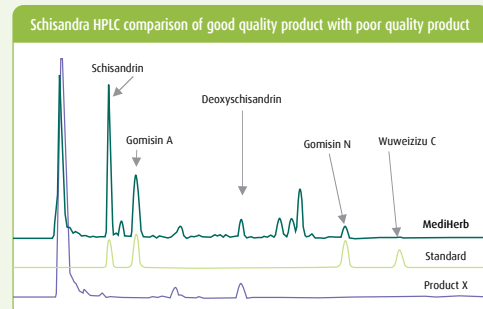
60 Tablets \$25.50 ex Tax



Schisandra chinensis

Schisandra Quality Issues

Schisandra is a well known Chinese herb, however it is not well known that two species of Schisandra are used in TCM, the phytochemical profile of each being very different. *Schisandra chinensis* (northern Schisandra) is the preferred species in TCM and by Western health care professionals. It contains compounds called schisandrins (schisandrin, gomisin A, deoxyschisandrin, gomisin N and wuweizisu C) which are believed responsible for the therapeutic effects. Southern Schisandra, *Schisandra spenanthera*, (see Product X in the trace) is considered inferior due to lower levels of schisandrins, however it is often used interchangeably with *Schisandra chinensis*. Manufacturers therefore need to be very careful to avoid substitution with *Schisandra spenanthera*. The species are readily distinguishable morphologically and by HPLC, which MediHerb routinely uses to ensure the correct identity of a herb.



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Livton Complex

- Used in herbal medicine to help relieve digestive disturbances (such as dyspepsia) and increase bile flow

Each tablet contains:

Medicinal Ingredients:

Taraxacum officinale (Dandelion) root 800 mcl 1:2 extract, DHE 400 mg
Bupleurum falcatum (False Bupleurum) root 600 mcl 1:2 extract, DHE 300 mg
Chionanthus virginica (Fringe Tree) stem bark 320 mcl 1:2 extract, DHE 160 mg
Cynara scolymus (Globe Artichoke) leaf 200 mg 4:1 extract, DHE 800 mg
Silybum marianum (St Mary's Thistle) fruit 100 mg extract (80 mg silymarin)

Non-Medicinal Ingredients:

Calcium phosphate dibasic, sodium starch glycolate, magnesium stearate, cellulose, hypromellose, silica, maltodextrin

Dose: Adults: Take 1 tablet 3 to 4 times daily or as directed by your health care practitioner.

60 Tablets \$25.90 ex Tax



Cynara scolymus



Slippery Elm 400mg

- Traditionally used in herbal medicine for maintaining a healthy lower gastrointestinal tract

Each tablet contains:

Medicinal Ingredients:

Ulmus rubra (Slippery Elm) inner stem bark 400 mg

Non-Medicinal Ingredients:

Calcium phosphate dibasic, cellulose, hypromellose, magnesium stearate, PVP, silica

Dose: Adults: Take 1 capsule up to 5 times daily or as directed by your health care practitioner. Take plenty of water. Avoid using until 2 hours after taking other medications.

120 Capsules \$34.95 ex Tax



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Silymarin

- Promotion of a healthy liver

Each tablet contains:

Medicinal Ingredients:

Silybum marianum (St Mary's Thistle) fruit 210 mg
70:1 extract, DHE 14.7 g (168 mg silybin)

Non-Medicinal Ingredients:

Calcium phosphate dibasic, cellulose, silica, magnesium stearate,
sodium starch glycolate

Dose: Adults: Take 1 tablet 2 times daily or as directed by your health care practitioner. Use for a minimum of 3 weeks to see beneficial effects.

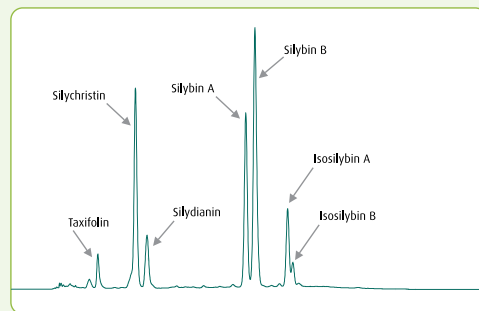
60 Tablets \$19.50 ex Tax



Silybum marianum

St Mary's Thistle Quality Issues

St Mary's Thistle (*Silybum marianum*) contains a range of flavanolignans (silybin A and B, silychristin, silydianin, isosilybin and 2,3-dehydro derivatives) collectively called silybin or silymarin, as well as simple flavonoids such as taxifolin. Flavanolignans are important indicators of quality. The flavanolignans are often measured analytically by the non-specific and less accurate 2,4-dinitrophenylhydrazine colorimetric method, which also reacts with any ketonic compounds, which includes the flavonoid taxifolin. MediHerb has developed a High Performance Liquid Chromatographic method to allow the individual levels of the flavanolignans to be accurately measured, and determine a value for these which is not inflated by the presence of simple flavonoids.



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VitanoX

- Provides antioxidants for the maintenance of good health

Each tablet contains:

Medicinal Ingredients:

Rosmarinus officinalis (Rosemary) leaf 2 mL 1:2 extract,
DHE 1 g

Camellia sinensis (Green Tea) leaf 166.7 mg
(83.35 mg catechins)

Curcuma longa (Turmeric) rhizome 80 mg
(70.4 mg curcuminoids)

Vitis vinifera (Grape) seed 50 mg
(42.5 mg procyanidins)

Non-Medicinal Ingredients:

Calcium phosphate dibasic, cellulose, silica, magnesium stearate,
sodium starch glycolate

Dose: Adults: Take 1 tablet 1 to 2 times daily or as directed by your health care practitioner. Take 2 hours before or after ingestion of mineral supplements including iron supplements. Do not take simultaneously with meals. Consult your health care practitioner for use beyond 12 weeks.

60 Tablets \$31.50 ex Tax



Support your patients' healthy spring clean with MediHerb products!

PROMEDICS
Quality with Care

Exclusive Canadian Distributor for MediHerb®

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