

CLINICAL RESEARCH USING NORDIC NATURALS® FISH OILS

Nordic Naturals has been involved in over 30 clinical trials

Organization	Investigation	Study Type	Subjects	Product Dose Duration	Status
University of Pittsburgh Medical Center, PA	Fish oil and inflammation; reduction of NSAID use	open label	adults with non-surgical neck/back pain	ProEPA 2 caps/day 75 day average	Published <i>Surgical Neurology</i> 2006;6(4)5:326–331
VA New York Harbor Healthcare System, Brooklyn, NY	Fish oil and anger measures	double blind placebo-controlled	adults in drug treatment	ProEPA 5 caps/day 6 months	Published <i>Neuropsychopharmacology</i> 2005;30(1):S87–S88
Texas A & M University College Station, TX	Fish oil and glucose uptake	in vitro; dose finding	skeletal muscle cells	Comparative: ProDHA vs. ProEPA vs. ProOmega	Published <i>Diabetes</i> 2006;55(1):A382
HANDLE® Institute Rays of Hope Orphanage Mexico	Fish oil and behavioral outcomes in challenged children	open label; program evaluation	orphaned children with functional challenges	ProEFA Junior 2–4 caps/day 5 months	Published <i>Adoption Today</i> Dec/Jan 2006:38–39
Pediatric clinic Tucson, AZ	Fish oil for language and learning	open label pilot trial	children with autism or Asperger's syndrome	ProEFA Junior 2 caps/day 90 days	Published <i>Autism-Asperger's Digest</i> Jan/Feb 2005:36–37
VA New York Harbor Healthcare System, Brooklyn, NY	Fish oil and anxiety measures	double blind placebo-controlled randomized	substance abusers	ProEPA 5 caps/day 6 months	Published <i>J Clin Psychopharmacology</i> 2006 Dec;26(6):661–665
San Jose State University, CA	Effects of fish oil supplements on plasma lipid profile	double blind placebo-controlled randomized	adults with triglycerides over 200 mg/dl	ProEPA Xtra 2 caps/day Arctic Omega 2 caps/day 4 weeks	Published <i>J Am Dietetic Assoc</i> 2008;108;9:A104
University of Pittsburgh Medical Center, PA	Improvement of lipid profiles and cardiovascular risk using fish oils	open label pilot trial	professional football players	ProOmega 4 caps/day 2 months	Published <i>Sports Health</i> 2009;1;1:21–30
Depts. of Neurosurgery and Physiological Sciences, UCLA	DHA-rich diet and exercise for cognition improvement	controlled trial	animal study	ProDHA EFA diet 6:1 vs. EFA diet 1:1; 1 week	Published <i>Neuroscience</i> 2008;155(3):751–9
University of California, Davis School of Medicine, CA	Fish oil augments artery dilation and blood flow	placebo-controlled pilot trial	adults	ProOmega 9 caps/day 6 weeks	Published <i>Eur J Applied Physiology</i> 2006;97(3):347–54
Oregon Health & Science University Portland, OR	Fish oil and Alzheimer's Disease	double blind, placebo-controlled randomized	senior adults with probable AD or mild cognitive impairment	ProOmega 3 caps/day 1 year	data analysis
The Cleveland Clinic, OH	Fish oil effects on serum C-reactive protein levels	double blind placebo-controlled randomized	adults	ProEPA 3 caps/day 8 weeks	data analysis
Institute of Health Queensland University of Technology, Australia	Effects of fish oil on inflammation and appetite in chronic kidney disease	double blind placebo-controlled randomized	dialysis patients	ProEPA Xtra 2 caps/day ProOmega 2 caps/day 8 weeks	data analysis
Medical Research Council Gambia, Africa via UK	Fish oil and GI health	double blind placebo-controlled	infants	Arctic Omega Liquid 1/2 tsp/day 1 year	data analysis
University of Virginia Charlottesville, NC	Fish oil and liver function, NASH, inflammation	double blind placebo-controlled randomized	adults with fatty liver	ProOmega 3 caps/day 1 year	in process
Cedars-Sinai Medical Center Los Angeles, CA	Fish oil as adjunct therapy in major depression	double blind placebo-controlled randomized	adults with major depression	ProEPA 2 caps/2x/day 8 weeks	in process
Stanford University Palo Alto, CA	Comparative effects of triglyceride and ethyl ester fish oils on adults	double blind placebo-controlled randomized	adults with triglycerides over 150 mg/dl	ProEPA Xtra 5 caps/day 12 weeks	in process